

**Attention Melbourne to Osaka Medical Team:**

re:

Name - \_\_\_\_\_

DOB - \_\_\_\_\_

I have assessed my patient named above and understand that they are soon to embark on a 5000 nautical mile yacht race from Melbourne, Australia to Osaka, Japan with one other person, and that this trip may take several weeks.

To the best of my knowledge, there are no outstanding illnesses or chronic medical conditions that have not been optimised, and a supply of medications sufficient for the duration of the trip has been arranged.

I have included a medical summary of illnesses and treatments as well as details of any allergies, if applicable.

Signed - \_\_\_\_\_

Doctor name - \_\_\_\_\_

Medical practice / Dental Practice - \_\_\_\_\_

Date - \_\_\_\_\_